

**Report of the Trustees and
Financial Statements for the Year Ended 31 March 2026
for
Mental Health Northants Collaboration**

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Harris & Co (Accountants) Ltd, Statutory Auditor
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Northampton
NN4 7SL

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

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OBJECTIVES AND ACTIVITIES

Objectives and aims

Aims and Objectives

MHNC's Vision: To ensure people in Northamptonshire are able to access mental health support services that understand and meet their needs.

MHNC's Purpose: MHNC supports local providers working together to develop and deliver high-quality, integrated, person-centred community services to improve the mental health and wellbeing of people living in Northamptonshire.

MHNC's Values: Voluntary and Community Sector focus; objectivity and impartiality; coordinated provision; protecting autonomy and strengthening organisations; inherent dynamism and responsiveness.

Main Activities of the Year 2025-26

This year we have continued to focus on supporting our members and further strengthening relationships with strategic partners.

Our membership has now grown to 22 members to better reflect the diverse communities served by VCFSE (Voluntary Community Faith and Social Enterprise) mental health, learning disability, and neurodivergent support services. This year we have welcomed Eve, Delapre Abbey, C2C and Enfold as members. We have further developed our offer to members, including:

1. Refreshed members meetings to include greater representation from system partners to share information and receive VCFSE input,
2. Developed and implemented a training offer for members, and
3. Further developed our website and increased our presence on social media to promote information and resource sharing across the Collaboration.

The combined skills within with the leadership team demonstrates our commitment to increase support, further grow skills and build capacity across our membership and partners.

Our members continue to collaborate in the delivery of contracts providing key community services.

We continue to manage the Crisis Pathway Contract which enables two of our member organisations (Northamptonshire Mind and Kettering Mind) to deliver vital assistance to the community through their Mental Health Navigators, Crisis Cafés and Hospital at Home services. The Crisis Cafés had over 7,000 attendees across the County, Care Navigation received over 25,000 calls in the Integrated Response Hub and provided over 1,200 in-person support sessions.

Our Primary Care Intervention grant continued to be delivered throughout 25-26 by Northamptonshire Mind, Kettering Mind, Manna House, Kelly's Heroes, Teamwork Trust and Hope Centre. This enabled our members to provide free-to-access counselling, one-to-one, work-based volunteering, peer support and wellbeing courses, offering over 4,000 sessions of support across the County.

MHNC continued to play a key role in the allocation, management and monitoring of the Mental Health, Learning Disability and Autism Population Health & Prevention Pillar funding. This a significant piece of work which supports various schemes, both small and large, including mental health awareness, campaigns, autism support, a carers wellbeing toolkit, training frameworks, physical health checks for people with severe mental illness, suicide prevention training, and a digital front door pilot for young people.

The Community Wellbeing Champions Service, funded by North Northamptonshire Council and delivered in partnership with Northamptonshire Mind and Kettering Mind, delivered a successful second year. The service aims to support people with low level mental health needs to improve resilience, wellbeing, reduce social isolation and improve lifestyle behaviours, enabling people to access sustainable support within their community. The service has recruited, trained and mobilised 38 volunteers as Champions; 69% of our Champions have not volunteered before and 80.4% of them have disclosed lived experience of low level mental health issues, neurodivergence, addiction, and caring responsibilities. Between them, Champions have supported over 680 people across North Northamptonshire over the year, with an average 3-point increase in wellbeing as a result of this support. 100% of people who completed the feedback survey would recommend the service to family and friends.

The Volunteering for Health Project, led by VIN and funded NHS England, NHS Charities Together and CW+, continues to achieve its aims to integrate volunteers into Health and Social Care delivery. Over the last year, MHNC's role has been to develop training to better support people with mental ill-health, learning disabilities and neurodivergence as volunteers, increasing the diversity of Northamptonshire's volunteer workforce. Spectrum Northants, Daylight Centre Fellowship, Teamwork Trust, Northamptonshire Mind, Enfold, NHFT's (Northamptonshire Healthcare NHS Foundation Trust) Autism Advisory Panel and adults with long-term mental health conditions contributed to the coproduction of the training and resource pack. This will be launched early next year, for delivery until June 2027.

MHNC have been a key delivery partner to the Research Engagement Network, led by Northamptonshire ICB. The grant, won in October 2025, enables us to employ a Research Engagement Network Coordinator to recruit and support Research Champions from BakUp CIC, Action for Happiness Northamptonshire Hub and Kettering Mind to encourage more people from a wide range of communities to participate in research opportunities.

**Report of the Trustees
for the Year Ended 31 March 2026**

Our strategic plan was reviewed and developed to ensure we remain the leading voice for VCFSE delivery of mental health care in the county. As a respected and well-established organisation, we have earned a key role in strategic decision making within the county.

Our position in the Mental Health Learning Disability and Autism Provider Collaborative has meant strong representation across relevant forums, continued quality assurance and opportunities for innovation across the system.

Our 2025 Mental Health Conference held in October was an opportunity to show case our collaboration with both strategic and member organisations, and included a range of attendees including Councillors, strategic partners and VCFSE organisations. We covered themes of collaboration, leadership and sector sustainability.

Seven external bids for funding were collaboratively developed and submitted during 2025-26, totalling £745,408. The Trustees acknowledge the challenges that our members and population face with increased demand for mental health services, reduced funding and increased costs. To evidence this, we conducted a county-wide survey to ascertain the financial strains that the VCFSE sector currently face. The outcomes of this were fed into the MHLDA Executive Board, Public Health and VCFSE Infrastructure partners for strategic partners to consider.

MHNC will continue to lobby for the VCFSE sector going forwards and will work together to work with our members to develop and deliver high-quality, integrated, person-centred community services to improve the mental health and wellbeing of people living in Northamptonshire.

STRATEGIC REPORT

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09295578 (England and Wales)

Registered Charity number

1160931

Registered office

1 Stanier Close
Northfield Avenue
Kettering
Northamptonshire
NN18 8AN

Trustees

S Behan Retired
Ms S L Hillier Charity Ceo
Dr R C Lewis Healthcare Project Manager
Ms E M Smith Nurse (resigned 1/1/2026)
M Mitchell Charity CEO
C Buswell (appointed 1/4/2025)
D Cox (appointed 1/7/2025)

Company Secretary

S Behan

Auditors

Harris & Co (Accountants) Ltd, Statutory Auditor
2 Pavilion Court
600 Pavilion Drive
Northampton
NN4 7SL

**Report of the Trustees
for the Year Ended 31 March 2026**

TRUSTEES' RESPONSIBILITY STATEMENT

The trustees (who are also the directors of Mental Health Northants Collaboration for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Harris & Co (Accountants) Ltd, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 3 September 2026 and signed on the board's behalf by:

S Behan - Trustee

Opinion

We have audited the financial statements of Mental Health Northants Collaboration (the 'charitable company') for the year ended 31 March 2026 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2026 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Phillip Harris BA BFP FCA (Senior Statutory Auditor)
for and on behalf of Harris & Co (Accountants) Ltd, Statutory Auditor
2 Pavilion Court
600 Pavilion Drive
Northampton
NN4 7SL

3 September 2026

Statement of Financial Activities
for the Year Ended 31 March 2026

		Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	10,286	1,821,897	1,832,183	1,540,140
Investment income	3	1,121	-	1,121	1,467
Total		<u>11,407</u>	<u>1,821,897</u>	<u>1,833,304</u>	<u>1,541,607</u>
EXPENDITURE ON					
Charitable activities	4				
Charitable activities		-	1,998,572	1,998,572	1,766,300
NET INCOME/(EXPENDITURE)		11,407	(176,675)	(165,268)	(224,693)
RECONCILIATION OF FUNDS					
Total funds brought forward		32,284	481,548	513,832	738,525
TOTAL FUNDS CARRIED FORWARD		<u>43,691</u>	<u>304,873</u>	<u>348,564</u>	<u>513,832</u>

Balance Sheet
31 March 2026

	Notes	Unrestricted fund £	Restricted fund £	2026 Total funds £	2025 Total funds £
CURRENT ASSETS					
Cash at bank		43,691	308,815	352,506	517,510
NET CURRENT ASSETS		<u>43,691</u>	<u>308,815</u>	<u>352,506</u>	<u>517,510</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		43,691	308,815	352,506	517,510
ACCRUALS AND DEFERRED INCOME	7	-	(3,942)	(3,942)	(3,678)
NET ASSETS		<u>43,691</u>	<u>304,873</u>	<u>348,564</u>	<u>513,832</u>
FUNDS	8				
Unrestricted funds				43,691	32,284
Restricted funds				<u>304,873</u>	<u>481,548</u>
TOTAL FUNDS				<u>348,564</u>	<u>513,832</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 3 September 2026 and were signed on its behalf by:

S Behan - Trustee

Cash Flow Statement
for the Year Ended 31 March 2026

	Notes	2026 £	2025 £
Cash flows from operating activities			
Cash generated from operations	1	(166,125)	(225,944)
Net cash used in operating activities		(166,125)	(225,944)
Cash flows from investing activities			
Interest received		1,121	1,467
Net cash provided by investing activities		1,121	1,467
Change in cash and cash equivalents in the reporting period		(165,004)	(224,477)
Cash and cash equivalents at the beginning of the reporting period		517,510	741,987
Cash and cash equivalents at the end of the reporting period		352,506	517,510

Notes to the Cash Flow Statement
for the Year Ended 31 March 2026

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2026 £	2025 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(165,268)	(224,693)
Adjustments for:		
Interest received	(1,121)	(1,467)
Increase in creditors	264	216
Net cash used in operations	<u>(166,125)</u>	<u>(225,944)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/25 £	Cash flow £	At 31/3/26 £
Net cash			
Cash at bank	517,510	(165,004)	352,506
	<u>517,510</u>	<u>(165,004)</u>	<u>352,506</u>
Total	<u>517,510</u>	<u>(165,004)</u>	<u>352,506</u>

**Notes to the Financial Statements
for the Year Ended 31 March 2026**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2026	2025
	£	£
Legacies	-	2,625
Grants	1,832,183	1,537,515
	<u>1,832,183</u>	<u>1,540,140</u>

3. INVESTMENT INCOME

	2026	2025
	£	£
Deposit account interest	<u>1,121</u>	<u>1,467</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2026

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 5) £	Totals £
Charitable activities	81,599	1,916,973	1,998,572

5. GRANTS PAYABLE

	2026 £	2025 £
Charitable activities	1,916,973	1,690,992

The total grants paid to institutions during the year was as follows:

	2026 £	2025 £
Service Providers	324,097	255,004
Crisis pathway	1,307,502	1,259,153
PCI & PH Funding 1920	231,614	140,848
NNC Strategic Grant	53,760	35,987
	1,916,973	1,690,992

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2026 nor for the year ended 31 March 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2026 nor for the year ended 31 March 2025.

7. ACCRUALS AND DEFERRED INCOME

	2026 £	2025 £
Accruals and deferred income	3,942	3,678

8. MOVEMENT IN FUNDS

	At 1/4/25 £	Net movement in funds £	At 31/3/26 £
Unrestricted funds			
General fund	32,284	11,407	43,691
Restricted funds			
restricted fund	481,548	(176,675)	304,873
TOTAL FUNDS	513,832	(165,268)	348,564

Notes to the Financial Statements - continued
for the Year Ended 31 March 2026

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	11,407	-	11,407
Restricted funds			
restricted fund	1,821,897	(1,998,572)	(176,675)
TOTAL FUNDS	<u>1,833,304</u>	<u>(1,998,572)</u>	<u>(165,268)</u>

Comparatives for movement in funds

	At 1/4/24 £	Net movement in funds £	At 31/3/25 £
Unrestricted fund	103,500	(71,216)	32,284
Restricted fund			
restricted fund	635,025	(153,477)	481,548
TOTAL FUNDS	<u>738,525</u>	<u>(224,693)</u>	<u>513,832</u>

Comparative net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted fund	4,092	(75,308)	(71,216)
Restricted fund			
restricted fund	1,537,515	(1,690,992)	(153,477)
TOTAL FUNDS	<u>1,541,607</u>	<u>(1,766,300)</u>	<u>(224,693)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/24 £	Net movement in funds £	At 31/3/26 £
Unrestricted fund	103,500	(59,809)	43,691
Restricted fund			
restricted fund	635,025	(330,152)	304,873
TOTAL FUNDS	<u>738,525</u>	<u>(389,961)</u>	<u>348,564</u>

8. MOVEMENT IN FUNDS - continued

Net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted fund	15,499	(75,308)	(59,809)
Restricted fund restricted fund	3,359,412	(3,689,564)	(330,152)
TOTAL FUNDS	<u>3,374,911</u>	<u>(3,764,872)</u>	<u>(389,961)</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2026.

10. GOING CONCERN

The charity is wholly reliant upon the periodic award of grant funding from the NHS. Since the grants are awarded on a periodic basis, the charity is unable to forecast too far into the future and in particular for a period of 12 months from the date of approval of the financial statements. The trustees consider that the going concern basis of preparation of the financial statements is appropriate given the large bank balances held and the 5 year NHS contract awarded in April 2022.

Detailed Statement of Financial Activities
for the Year Ended 31 March 2026

	2026 £	2025 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Legacies	-	2,625
Grants	1,832,183	1,537,515
	<u>1,832,183</u>	<u>1,540,140</u>
Investment income		
Deposit account interest	1,121	1,467
	<u>1,121</u>	<u>1,467</u>
Total incoming resources	<u>1,833,304</u>	<u>1,541,607</u>
EXPENDITURE		
Charitable activities		
Insurance	940	1,359
Admin and other costs	76,464	70,271
Bank charges	95	-
Audit	3,942	3,678
Travelling expenses	158	-
Grants to institutions	1,916,973	1,690,992
	<u>1,998,572</u>	<u>1,766,300</u>
Total resources expended	<u>1,998,572</u>	<u>1,766,300</u>
Net expenditure	<u>(165,268)</u>	<u>(224,693)</u>

**Areas which should be reviewed on Auditors' Report
for the Year Ended 31 March 2026**

** The following sections of the audit report has been REPLACED completely by a data screen entry:
Auditors' responsibilities for audit - further description

** PLEASE CHECK THAT THIS IS CORRECT - standard wording generated by IRIS WILL NOT BE USED where REPLACEMENT text has been selected.

DRAFT
08/09/26 17:24